

Activity Guide Schedules

Certifications

Spring / Summer 2008

Aquatic Certifications

Full attendance is mandatory at all certification courses

*NLS Recertification

#6349	May 9	F	9- 5:30 p.m.	25yd	\$69
#8615	Jun.8	Su	10- 6:30 p.m.	rm2007	\$69

*NLS Full Course

#6345	May 9- May 16	M-F	5-9 p.m.	25 yd	\$210
		Sa, Su	10- 2 p.m.	25yd	
#8823	Jul.28 - Aug. 8	M,T,W,R,F	9- 3 p.m.	25 yd	\$210

*On Board Pleasure Craft Operators Card - Adult

#8593	Jun.25	W	7- 9 p.m.	rm2007	\$38
#8594	Jun. 21	Sa	2- 4 p.m.	rm2007	\$38

*Red Cross Water Safety Instructor Recert

#8619	May.13	T	10- 3 p.m.	rm2007	\$69
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*Bronze Medallion & Emergency First Aid

#8683	Jul.2 - Jul. 11	M,T,W,R,F	9-12 p.m.	25 yd	\$125
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*Bronze Cross & Standard First Aid

#8684	Jul.14 - Jul. 25	M,T,W,R,F	9-12 p.m.	25yd	\$125
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First Aid and CPR Certifications

Full attendance is mandatory at all certification courses.

*CPR-Basic Rescuer Re-certification

#6339	May 12	M	10- 2 p.m.	rm2007	\$32
#8604	May.24	Sa	1- 5 p.m.	rm2007	\$32
#8605	Jun.7	Sa	10- 2: p.m.	rm2007	\$32

*Standard First Aid & CPR Certification

#8609	May.23 - May. 25			rm2007	\$110
F 5-9 p.m.,	Sa,Su 10- 6 p.m.				
#8610	Jun.20 - Jun. 22			rm2007	\$110
F 5-9 p.m.,	Sa,Su 10- 6 p.m.				

*Standard First Aid & CPR Re-certification

#6342	May 12	M	10- 6 p.m.	rm2007	\$80
#8607	Jun.7	Sa	10- 6 p.m.	rm2007	\$80

Schwinn® Indoor Cycling

8-hour Instructor training workshop

#8885	Jun. 22	Su	9- 5 p.m.	Pedal Zone	
Non-Members \$375		Members \$350			

*These courses are combined with participants under 18 years of age.

Please check www.juniorblues.ca for corresponding courses for those under 18 years.

YOUR CODE GUIDE

Days

M - Monday
T - Tuesday
W - Wednesday
R - Thursday
F - Friday
Sa - Saturday
Su - Sunday

Rooms

TP - Teach Pool
50m - 50 metre Pool
25yd - 25 yard Pool
LG - Lower Gym
VA - Varsity Arena
FH - Field House
SG - Sports Gym
BSL - Benson Student Lounge
UG - Upper Gym
DFN - Domed Field North

REGISTRATION DATES

Registration is ongoing for Spring and Summer programs. See the Activity Guide for information on how to register. Certification courses are open to non-members, contact us for details

CONTACT INFO

Tel. 416-978-3436 www.utoronto.ca/physical
ac.help@utoronto.ca
For program descriptions and other important information see the Activity Guide available online, at the Athletic Centre and Varsity Centre.