

# ***ODP 100 AND ODP 200 COURSE REGISTRATION KIT - 2008***

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## ***Checklist and Instructions:***

1. Read this information carefully, especially information regarding departure time and location, and the clothing/equipment list for each course  Done!
2. Ensure that you have completed the registration forms completely  Done!
3. Submit registration form with full payment to the Faculty Main Office  Done!

## ***Code Of Behaviour - Read Carefully:***

1. ***Attendance:*** As these are short courses, all practical sessions must be fully attended and students must participate in all activities. The quality and quantity of learning is dependent upon both the instructor and the student. You will be expected to be appropriately dressed for activity, and be prepared to participate fully. There will be NO late arrivals or early departures without loss of credit.
2. ***Transportation to Camp:*** Students *must* take the arranged transportation. Personal transportation to camp is not allowed, and students must make arrangements to be at the University for the scheduled departure.
3. ***Alcohol and Illegal Drugs:*** Following the regulations of both the University and the Camp, there are to be no alcoholic beverages or non-prescription drugs allowed on the camp premises or consumed during the camp period. Course credit will not be given to anyone who is directly or indirectly in violation of this rule (those associated with others partaking in these activities will also be dismissed from camp without a refund).
4. ***Remaining on Camp Grounds:*** Students cannot leave the campsite for the duration of the course except to conduct exercise (running, walking). Unauthorized departure will lead to the loss of the course credit.
5. ***Boating / Swimming After Dark:*** Use of the entire waterfront is strictly forbidden after dusk for safety reasons. Please abide by these rules - they are for your own safety.

# ***ODP 100 AND ODP 200***

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## **COURSE DETAILS**

- Location:** Camp New Moon, Lake of Bays, Muskoka
- Registration:** Please make sure you register for the appropriate course (ODP100H1 F or ODP200H1 F) on ROSI and pay for the course by August 15, 2008.
- Departure:<sup>2</sup>** Monday August 25, 2008  
***From:*** University of Toronto, Athletic Complex, Spadina Ave. and Harbord St. (Buses load on Huron Street, one block east of Spadina)  
***Time:*** 7:45 am. SHARP<sup>1,2</sup>
- Date of Return:<sup>2</sup>** Thursday August 28, 2008  
Buses will return to University of Toronto at approximately 4:00 p.m.
- Fees and Payment:** The total cost is **\$250.00** which must be paid by August 15, 2008. There will be a \$50.00 non-refundable administrative charge on any refund. If you are unable to attend the camp because of uncontrollable circumstances, please call Darryl McSherry at 416-978-2944 no later than two weeks prior to the departure date to ensure you receive a refund minus the administrative charge. There are absolutely no refunds after the deadline. If a student misses a camp, fees can not be transferred to a future outdoor project.

<sup>1</sup> Anyone missing the bus will have to find and pay for his/her own transportation. All Students MUST take the bus, no cars are permitted under ANY circumstances.

<sup>2</sup> See annual FPEH Undergraduate Program Calendar for dates for future years.

### ***General Objectives:***

- To introduce students to a wide range of outdoor education activities, and to facilitate students obtaining basic skills in these activities
- To immerse students in a cooperative group setting and develop leadership skills and attributes
- To familiarize new students with their undergraduate program, including academic requirements, opportunities for student leadership and administrative procedures

### ***Specific Objectives and Content:***

#### **ODP 100:**

1. Students receive instruction in: Cooperative Games, Canoeing, War Canoe, Kayaking, Basic Camp Craft, Board Sailing, Low Ropes, Wilderness Survival and Academic Program Orientation
2. The emphasis is on acquiring basic skills and familiarity in all areas, with experiential education providing the basis of learning
3. Full participation in all activities is required for each session lasting 90 minutes
4. Recreational time includes various sports tournaments and opportunity to further develop skills at the instructional area

ODP 200:

1. Students receive instruction in: Basic Canoe Tripping (including an over-night canoe trip), Advanced Cooperative Games, High Ropes (including belaying instruction), Sailing, Kayaking and Trust Games
2. The emphasis is to further develop skills related to canoeing and camping: this is achieved by participating in the mini-canoe trip, which involves canoeing, portaging, setting camp, cooking and sleeping in a wilderness setting.
3. Emphasis is also placed on expanding water craft skills
4. Gain experience in belaying and participating in 'high ropes' activities
5. Full participation in all activities is required for each session
6. Recreational time includes various sports tournaments and opportunity to further develop skills at the instructional area

### **CLOTHING LIST - ODP 100 AND ODP 200**

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Dress appropriately for the northern wilderness. Be prepared for any kind of weather.

### **Suggested Clothing and Equipment List for ODP100 & ODP200**

- Flashlight (essential)
- 4 t-shirts
- 1 windbreaker/light jacket
- 2 bathing suits
- 1 raincoat/rainboots
- 1 sleeping bag & plastic ground sheet
- 2 pairs of running shoes
- 2 towels
- soap, toothpaste, etc.
- 2 pairs of jeans/trackpants
- 6 pairs of socks
- 3 warm sweaters and/or sweatshirts
- 1 pair of pyjamas (tracksuit)
- 1 hat
- blanket/pillow optional
- 4 pairs of underwear
- insect repellent
- camera, tennis racquet, other sports items are optional only

### **Additional for ODP200 ONLY - overnight canoe trip (essential items):**

- pair of sandals or old shoes with treads that can get wet
- cutlery kit (for eating) & water bottle (Nalgene, etc.)
- **Dry Sack (35-45 litre)** (can be purchased at most outdoor shops for less than \$20.00)

### **Please Note:**

- PLEASE DO NOT BRING ANY KIND OF ELECTRICAL APPLIANCE.
- Each article should be labelled with your name. You should pack your clothing in duffel bags, knapsacks or any soft bag – no suitcases. Although the weather at this time is generally warm, be prepared for the worst weather; bring gloves, hats and extra clothing just in case!!
- We advise that you leave valuables at home, you will not require any money while at camp.

### **Sources of Equipment & Clothing for Outdoor Projects**

There are a number of stores which supply clothing and equipment relating to outdoor recreation and camping. Some items can be found at stores like Canadian Tire, whereas other more specialized and "high-end" items are best purchased at stores specializing in this area.